

# **Robyn L. Flores, Ph.D., LMFT-S, LPC, NCC, ACS, CFT**

**AAMFT Approved Supervisor**

**Certified in Forensic Traumatology**

**Sex Therapist / Educator**

Robyn.Flores@etamu.edu

Curriculum Vitae updated: 1/2026

## **EDUCATION**

### **Ph.D. Counselor Education & Supervision; Advanced Clinical Skills Emphasis - Trauma**

Dissertation: *Ethical and Affirming Counseling for Cisgender Females Navigating Neurodivergence and Erotic Marginalization; An Interpretative Phenomenological Analysis*

University of the Cumberland, Williamsburg, KY

CACREP-accredited

4.0 GPA

May 2021 – August 2024

### **M.S. Counseling; Clinical Mental Health Counseling**

East Texas A&M University, Commerce, TX

CACREP-accredited

4.0 GPA

August 2018 – August 2020

### **B.A. English**

Texas A&M University, College Station, TX

August 1998 – December 2002

## **LICENSURE**

- Licensed Professional Counselor - Supervisor (LPC), Colorado #LPC.0018674
- Licensed Marriage and Family Therapist - Supervisor (LMFT-S), Texas #203902
- Licensed Marriage and Family Therapist - Supervisor (LMFT), Colorado #MFT.0002298
- Licensed Marital and Family Therapist (LMFT), Missouri #2023010026
- Licensed Marriage and Family Therapist (LMFT), Florida Telehealth Provider #TPMF1466

## **CERTIFICATIONS**

- Nationally Certified Counselor (NCC) through the National Board for Certified Counselors (NBCC)

- Approved Clinical Supervisor (ACS), through Center for Credentialing and Education (CCE)
- American Association of Marriage and Family Therapy (AAMFT) Approved Supervisor
- Certified in Forensic Traumatology (CFT), American Academy of Experts in Traumatic Stress
- Sex Therapist, Sexual Health Alliance
- Sex Educator, Sexual Health Alliance
- EMDR-trained, advanced course by Jennifer Sweeton, PsyD., MS, MA
- Cognitive Processing Therapy, Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences
- Legal and Ethical Issues in Healthcare, Allegra Learning Solutions
- Eating Disorder Intuitive Therapy (EDIT®) Level II
- Certified Humanistic Sandtray Therapy® C-HST, Humanistic Sand Tray Therapy Institute, Level 1-trained
  - Mentored by: Dr. Steve Armstrong and Dr. Ryan Foster of the Humanistic Sandtray Institute
- Psychological First Aid, National Child Traumatic Stress Network

## PROFESSIONAL SERVICE

### **Lead Consultant, American Association for Marriage and Family Therapy (AAMFT) Code of Ethics Revision Project (2024-present)**

- Weekly consultations with AAMFT Legal Counsel (Roger Smith, JD; James Punelli, JD; Joe Cooperstein, JD; and Task Force Chair, Lisa Reynolds, Ph.D.)
- Design and orchestrate the revision process for the AAMFT *Code of Ethics*
- Support for the Task Force Chair, Task Force Members, and Legal Counsel
- Preliminary member-feedback survey development
- Quantitative and qualitative data collection and analysis
- Correspondence with members taking the survey
- Coordinate peer review process for group analysis of data
- Edit, contribute to articles
- Create social media posts for information about surveys and progress
- Present new AAMFT *Code of Ethics* to the AAMFT Board with revisions
- Literature review for controversial/changing topics associated with member feedback and ethics/legal concerns

### **Subject Matter Expert (SME) Support, University of the Cumberland**

- Support the SME, Dr. Adrienne Trogden, with the building of the asynchronous Human Sexuality course for masters and doctoral students

- Sexual trauma, psychosexual development, sexual harm, sexual identity, expression, practice

### **Secretary, TAMFT Education Committee, volunteer position**

Texas Association of Marriage and Family Therapists (TAMFT) (2023-2024)

### **Webinar Team, Education and Training Committee**

Association for Counseling Sexology and Sexual Wellness (ACSSW) Education and Training Committee (2023-2025)

- Webinar series development
- Support for ACSSW education and training committee certification pathway

### **President**

Counseling Academic and Professional Honor Society International: Chi Sigma Iota (CSI), Chi Psi Omega Chapter, University of the Cumberland (2023-2024)

### **Graduate Assistant**

School of Social and Behavioral Sciences, University of the Cumberland (June 2021-August 2023)

- Assist with CACREP self-study artifacts and narratives for reaccreditation
  - Outcome: CACREP-accredited for 8 years (December 2024)
- Align CACREP standards in coursework platform and syllabi according to curriculum mapping and subject matter expert (SME) requests; KPI review
- Review masters-level clinical mental health counseling (CMHC) graduate application essay submissions for admissions process
- Edit documents, dissertation template design, program handbooks

### **Proposal Reviewer**

- Association for Counselor Education and Supervision (ACES) Annual Conference (2025, invited)
- American Counseling Association (ACA) Annual Conference (2023)
- Association for Counselor Education and Supervision (ACES) Annual Conference (2023)

## **TEACHING EXPERIENCE**

Experience in both COAMFTE and CACREP program development, curricula, and teaching.

Integrated teaching approach includes:

- AAMFT (2015) code of ethics, ACA (2014) code of ethics, and NBCC (2023) code of ethics.
- Ethical/legal issues related to trauma, autism, and other forms of neurodivergence

- BDSM, Consensual non-consent (CNC) expert witness (invited) and consultant

### **LEGAL/ETHICS, NEUROANATOMY/TRAUMA MULTI-TERM TEACHING**

**Teaching Assistant** for Dr. Gary Patton, University of the Cumberlands, Williamsburg, KY

- *Doctoral-level Ethics and Legal Issues in Counselor Education and Supervision*

Online synchronous

- Summer 2024 A-term
- Summer 2024 B-term
- Spring 2024 A-term
- Spring 2024 B-term
- Fall 2023 A-term
- Fall 2023 B-term
- Summer 2023 A-term
- Summer 2023 B-term
- Spring 2023 A-term
- Spring 2023 B-term
- Fall 2022 A-term
- Fall 2022 B-term
- Summer 2022 A – term
- Summer 2022 B-term
- Spring 2022 B-term

**Teaching Assistant** for Dr. Gary Patton, University of the Cumberlands, Williamsburg, KY

- *Doctoral-level Neuroanatomy and Behavioral Medicine*

Online synchronous

- Summer 2024 A-term
- Summer 2024 B-term
- Spring 2024 A-term
- Spring 2024 B-term
- Fall 2023 A-term
- Fall 2023 B-term
- Summer 2023 A-term
- Summer 2023 B-term
- Spring 2023 A-term
- Spring 2023 B-term
- Fall 2022 A-term
- Fall 2022 B-term
- Summer 2022 A – term
- Summer 2022 B-term
- Spring 2022 B-term

## **[FALL 2025 \(invited\)](#)**

### **Assistant Professor, Tenure-Track, East Texas A&M University, Commerce, TX**

- *Doctoral-level Clinical Supervision in Counseling*
- *Masters-level Marriage and Family Counseling*  
In-person

### **Guest Lecturer, Northwestern University, Evanston, IL**

- *Research Methods in Marriage & Family Therapy – AAMFT Code of Ethics Revision process*  
Online synchronous, invited

## **[SUMMER 2025](#)**

### **Adjunct Faculty, East Texas A&M University, Commerce, TX**

- *Doctoral-level Research Applications*
- *Doctoral-level Advanced Marriage and Family Seminar*  
In-person

### **Guest Lecturer, Northwestern University, Evanston, IL**

- *Substance/Chemical Dependency*  
Online, synchronous

### **Adjunct Faculty, University of the Cumberlands, Williamsburg, KY**

- *Doctoral and Masters elective, Human Sexuality*  
Asynchronous (Human Sexuality) with 3 synchronous options

## **[SPRING 2025](#)**

### **Ad-Interim Professor, East Texas A&M University, Commerce, TX**

- *Doctoral-level Research Methodologies*  
In-person
- *Doctoral-level Advanced Marriage and Family Seminar*  
In-person
- *Masters-level Addictions*  
Online asynchronous with synchronous class options
- *Masters-level Introduction to Marriage and Family Counseling*  
Online asynchronous with synchronous class options

### **Adjunct Faculty, University of the Cumberlands, Williamsburg, KY**

- *Masters-level Marriage and Family Counseling*
- *Doctoral and Masters elective, Human Sexuality*  
Online synchronous (MFC) and asynchronous (Human Sexuality) with 6 synchronous options

**Guest Lecturer, Northwestern University, Evanston, IL**

- *Special Topics*  
Online, synchronous

**FALL 2024**

**Ad-Interim Professor, East Texas A&M University, Commerce, TX**

- *Doctoral-level Research Methodologies*  
In-person
- *Masters-level Basic Skills*  
In-person
- *Masters-level Diagnosis and Treatment Planning*  
In-person
- *Masters-level Career Counseling*  
Online asynchronous with additional synchronous classes

**Adjunct Faculty, University of the Cumberlands, Williamsburg, KY**

- *Masters-level Ethics and Legal Issues in Counseling*  
Online synchronous
- *Masters-level Marriage and Family Counseling*  
Online synchronous  
*Doctoral-level Ethical and Legal Issues in Counselor Education and Supervision, with Dr. Gary Patton*  
Online synchronous

**SUMMER 2024**

**Adjunct Professor, Seattle University, Seattle, WA**

- *Masters-level Consultation and Supervision*  
Online asynchronous with additional live classes
- *Masters-level Psychopharmacology*  
Online asynchronous with additional synchronous classes

**Guest Lecturer Bradley University, Peoria, IL**

- *Masters-level Ethical/legal considerations: Crisis and sexual trauma*  
Online synchronous

**SPRING 2024**

**Guest Lecturer, Trinity Christian College, Palos Heights, IL**

- *Masters-level Marriage and Family Therapy*

Online, synchronous

**Adjunct Professor, Seattle University, Seattle, WA**

- *Masters-level Psychopharmacology*  
Online asynchronous with additional live classes

**FALL 2023**

**Adjunct Professor, Seattle University, Seattle, WA**

- *Masters-level Human Sexuality*  
Online asynchronous with additional live classes

**Guest Lecturer, University of North Texas, Frisco, TX**

- Masters-level *Ethical/legal considerations: Crisis and trauma*  
Online synchronous, (invited)

**Teaching Assistant for Dr. Gary Patton, Ph.D., University of the Cumberlands, Williamsburg, KY**

- *Doctoral-level Advanced Theories*  
Online, synchronous

**SUMMER 2023**

**Guest Lecturer, Seattle University, Seattle, WA**

- *Master-level Adolescent Psychosexual Development*  
Online, asynchronous

**SPRING 2023**

**Guest Lecturer, Gonzaga University – Alberta, Canada, Campus**

- *Relational and sex therapy 101*
- *Ethics and Legal Considerations: Sexual Violence and Trauma*  
Online, synchronous

**Guest Lecturer, University of Texas, Tyler, TX**

- *Masters-level Ethics and School Counseling*  
Online synchronous (invited)

**FALL 2022**

**Guest Lecturer, University of North Texas, Frisco, TX**

- *Masters-level Counseling Adolescents*  
In-person
- *Masters-level Addictions Counseling*

In-person

**Guest Lecturer, University of the Cumberlands, Williamsburg, KY**

- *Doctoral-level Ethics: Methodologies and Professional Competence*  
Online, synchronous

**Guest Lecturer, Gonzaga University, Spokane, WA**

- *Relational and sex therapy 101*
- *Ethics and Legal Considerations: Sexual Violence and Trauma*  
Online, synchronous

**SPRING 2022**

**Guest Lecturer Gonzaga University – Alberta, Canada, Campus**

- *Relational and sex therapy 101*
- *Ethics and Legal Considerations: Sexual Violence and Trauma*  
Online, synchronous

**Guest Lecturer, Sexual Health Alliance, Problem Sexual Behavior Certification course**

- *Emotional Regulation*  
Online, asynchronous

**FALL 2021**

**Guest Lecturer, Gonzaga University, Spokane, WA**

- *Relational and sex therapy 101*
- *Ethics and Legal Considerations: Sexual Violence and Trauma*  
Online, synchronous

**FALL 2020**

**Guest Lecturer, East Texas A&M University, Commerce, Texas**

- *Sex therapy 101: Clinical and Ethical Strategies*  
Online, synchronous

**Guest Lecturer, East Texas A&M University, Commerce, Texas**

- *Narrative Family Therapy*  
In-person

**K-12 TEACHING EXPERIENCE**

**Expressive Arts Teacher** for children K-12 with specific learning needs for diverse neurotypes.  
St. Timothy Christian Academy, Plano, Texas

August 2018 – May 2020

**High School English Teacher.** Desert Heights Preparatory Academy, Glendale, AZ

August 2013 - May 2015.

**Eighth Grade History and English Teacher.** Trinity Christian Academy, Lake Worth, FL

August 2006 – May 2008

## CONSULTING EXPERIENCE

**Lead ethics consultant for the revision of the AAMFT code of ethics**

2024-present

**Subject Matter Expert (SME):**

- **Autistic/ADHD/AuDHD Women who practice BDSM.** Support colleagues with cases with elements of my expertise as it relates to ethical/legal issues at this intersection of these lived experiences and identities.
- **Trauma and sexual violence.** Support colleagues with cases with elements of my expertise as it relates to ethical/legal issues related to trauma, sexual violence and the concept of “rage sex”.

**Consultation support with Dr. Gary L. Patton:** Formerly employed by the FBI; investigator for the West Virginia LPC Board; Liberty medical college ethics board

2021-present

**The Elisa Project,** Dallas, Texas. Eating Disorder awareness and prevention volunteer/community education consultant (2015-2017)

## SUPERVISION EXPERIENCE

**AAMFT Approved Supervisor (MFTs)**

**Approved Clinical Supervisor (LPCs)**

**Supervisor,** Training-oriented private practice, Legacy Trails Therapy, PLLC, Owner

Training provided for Students, Colorado MFT-Candidates and Colorado LPC-Candidates

- Ethics, clinical documentation, and trauma focus
- Creative Collaboration Group Supervision

**Supervisor,** Supervision-oriented private practice, Prosper Therapy Co., PLLC, Owner

- Supervision provided for Students, Texas LMFT-Associates
- Ethics, clinical documentation, and trauma focus

- Creative Collaboration Group Supervision

## **SUPERVISION COURSEWORK**

American Association of Marriage and Family Therapy (AAMFT) Fundamentals of Supervision course, 30 hours, Instructed by my supervision mentor, Dr. Reo Leslie, Jr., LMFT, LPC, LAC, MAC, RPT-S, ACS  
July 2023

Doctoral-level Clinical Supervision Theory and Techniques (CES 831), University of the Cumberlands  
Fall 2021, online synchronous

## **CLINICAL EXPERIENCE**

**Owner, Therapist, Counselor, Supervisor.** Legacy Trails Therapy, PLLC, owner (private/collective practice), Colorado. Counseling, Therapy, and Approved Clinical Supervision / AAMFT Approved Supervision  
2024-present

**Owner, Therapist, Counselor, Supervisor.** Prosper Therapy Co., PLLC, owner (private/collective practice), Texas and Missouri. Marriage & Family Therapy, and AAMFT Approved Supervision  
2023-present

**Therapist, Counselor.** Respark Therapy & Associates, PLLC. (group practice), Texas and Colorado. Relational, individual, trauma, and sex therapy  
2020-2023

**Therapist, Counselor.** Respark Foundation (non-profit designed to support survivors of traumatic sexual harm/violence), Texas and Colorado. Relational, individual, trauma, sex therapy  
2020-2023

**Therapist (Detox and Residential).** Nexus Recovery Center, Dallas, Texas. Residential chemical dependency treatment facility for women. Detox program. Taught “Trauma and relationships” class once per month.  
2020-2021

**Student Counseling Intern.** Mesquite ISD Family Support Center, Mesquite, Texas. Couples, Families, and Individuals

2019-2020

**Student Counseling Intern.** Next STEPS, Worldwide, The RED Clinic, Dallas, Texas. Outpatient eating disorder relapse prevention

2018-2019

## PRESENTATIONS

Flores, R. L. (August 8, 2025, invited - keynote). *Show your work: Cultivating trauma-informed ethical dispositions through methodology*. Austin Marriage and Family Therapy (AMFT), Austin, TX, 3-hour presentation.

In-person

Flores, R. L. (May 16, 2025). *Working with Marginalized Neurotypes: Relationships and Sex*. Online, independent 2-hour presentation.

Online, synchronous

Flores, R. L. (January 23, 2025). *Ethical and legal implications: Intersection of Autism and PTSS*.

Online, independent 2-hour presentation.

Online, synchronous

Patton, G. L. & Flores, R. L. (November 4, 2024). *Supervision: Both hands on the wheel. Ethical Best Practices in Supervision*. Kentucky Counseling Association Conference (KCA), Covington, KY, 3-hour presentation.

In-person

Flores, R. L. (October 25, 2024). *Different vs. Deficit: Critical Events and Autistic Trauma*.

Independent 1-hour presentation provided to first responders and medical professionals.

Online, synchronous

Flores, R. L. (October 25, 2024). *Working with Marginalized Neurotypes: Ethical and neuro-affirming care for neurodivergent clients*. Chi Sigma Iota (CS), Chi Psi Omega, University of the Cumberlands, 1 hour.

Online synchronous

Flores, R. L. (October 11, 2024). *Neurotransmission and communication: Ethical and neuro-affirming care for couples*. Austin Marriage and Family Therapists, 1 hour.

Online synchronous

Flores, R. L. & Santos III, J. (March 22, 2024). *Diverse cognitive styles in relational therapy*. Texas Association for Marriage and Family Therapy, 1 hour  
Online synchronous

Patton, G., Lyons, M., & Flores, R. L. (November 17, 2023). *Return to Abilene*. Presented at the University of the Cumberland's Collaboration Conference, 1 hour  
Online synchronous

Patton, G., Lyons, M., & Flores, R. L. (November 9, 2023). *Return to Abilene*. Presented at the Kentucky Counseling Association, Louisville, KY, 90 minutes  
In-person

Flores, R. L., Lee, C. (November 3, 2023). *Demystifying erotic countertransference through supervision*. Association for Creativity in Counseling, Melbourne Beach, FL.  
Invited

Flores, R. L., Lee, C. (October 10, 2023). *Demystifying erotic countertransference through supervision*. Texas Association for Marriage and Family Therapy. 1-hour presentation.  
Online, synchronous

Flores, R. L. (July 8, 2023). *Boundaries in families*. Presented at the Inaugural Dallas County Youth Mental Health Symposium, Dallas, TX. 1-hour presentation.  
In-person

Flores, R. L. (June 12, 2023). *Ethics, Neurodiversity, and Advocacy in Mental Health*. Presented for local DFW Psychiatrist. 1-hour presentation.  
Online, synchronous

Flores, R. L. (November 16, 2022). *Neurodiversity is sexy*. Presented at the Sexual Health Alliance Inner Circle Conference. 1-hour presentation.  
Online, synchronous

Lyons, M, Bunch, M. G., Boyd, N., & Flores, R. L. (November 5, 2022). *Intimacy alterations in counselor education and supervision graduate programs*. Presented at the Southern Association for Counselor Education and Supervision (SACES) Conference. Baltimore, MD.  
In-person, poster-presentation

Brewer, J., & Flores, R. L. (November 4, 2022). *Let's talk about sex: Sexuality concerns in counseling*. Presented at the Southern Association for Counselor Education and Supervision (SACES) Conference. Baltimore, MD. 1-hour presentation  
In-person

Brewer, J. & Flores, R. L. (April 8, 2022). *Let's talk about sex: Sexuality concerns in counseling*. Presented at the American Counseling Association Conference, Atlanta, GA.  
Invited

Flores, R. L. (September 2021). *Sex Positive Therapy*. Presented at the annual University of the Cumberlands Doctoral Residency. 90-minute presentation.  
Online, synchronous

Flores, R. L. (August 2021). *Body Image & Sex*. Presented at the inaugural Sexual Health Alliance "WYLD" Conference. 90-minute presentation.  
Online, synchronous

Abbassi, A., & Flores, R. L. (November 2019). *Couple sex therapy 101*. Presented at the Texas Counseling Association Conference in Fort Worth, TX. 1-hour presentation.  
In-person

## **PUBLICATIONS**

Lyons, M, Bunch, M. G., Boyd, N., & Flores, R. L. (2025). *Intimacy alterations in counselor education and supervision graduate programs*. *Family Journal*.

Bluemline, J., Dossaji, E.; Kile, C.; Flores, R. L. (2024). *Professional risks and pitfalls and a gatekeeper's response*. In A. Dossaji & C. Kile (Eds.) *Ethical considerations in Professional Counseling Programs*. Cognella

### **Submitted:**

Patton, G. L., & Flores, R. L. (2025). *The trajectory of disappointment* (submitted to the *Journal of Humanistic Counseling*)

### **Draft in Progress:**

Flores, R. L. (2024). *The goddess spectrum: Ethical and affirming care for women navigating Autism, CPTSD, and erotic marginalization* (draft in progress, Routledge interest).

Dean L., & Flores, R. L. (2024). Journey to the diagnosis: The lived experiences of women of color with ADHD (draft in progress).

Flores, R. L., McWilliams, M., Jepson, A. (2025). Ethical and legal implications in counseling sexology (draft in progress, Cognella)

Brewer, J. & Joseph, L. (2025). Advanced Counseling Skills and Human Sexuality.  
Robyn Flores – 3 chapters: Ethics, neurodivergence, and sex and trauma (chapters in progress, Cognella)

## QUOTED

Hopper, D. (2023, May 18). Yes, Bulimia Can Affect Men's Sexual Health. *Giddy*.

Hopper, D. (2023, February 16). Talking to your partner about his ED without blame of guilt. *Giddy*.

Hopper, D. (2022, March 1). Body Image, its ties to ED, and how therapy can help. *Giddy*.

## PANELIST

Inaugural Dallas County Youth Mental Health Symposium, Dallas, TX (July 8, 2023)

Topic: Open Q&A - Mental Health and Families (guest panelist)

Texas Association for Marriage and Family Therapy (TAMFT) (online, September 22, 2022)

Topic: Supervisor Panel (guest panelist)

## HONORS AND AWARDS

Nominated for Board Secretary position of the Texas Association of Marriage and Family Therapy (TAMFT) (2024)

Nominated for President-Elect of the Association of Counseling Sexology and Sexual Wellness (ACSSW) (2023)

Nominated for Graduate Representative of the Association of Counseling Sexology and Sexual Wellness (ACSSW) (2023)

2<sup>nd</sup> Place winner of Doctoral-level American Counseling Association (ACA) Ethics Competition (2023). Team: Robyn Flores, Nika Davenport, MJ Jordan, Satia Kavanaugh Vanderloop; faculty advisors: Dr. Michael Jones and Dr. Colleen Grunhaus

University of the Cumberland's Outstanding Student Award from Dr. Gary Patton (2023)

University of the Cumberland's Outstanding Student Award from Dr. Laura Schmuldt (2022)

Counseling Academic and Professional Honor Society International: Chi Sigma Iota (CSI), Chi Psi Omega Chapter Inductee, University of the Cumberland's (2022)

National Society of Leadership and Success (NSLS) Inductee, Texas A&M University - Commerce (2018)

Highest score on Grammar, Spelling, Punctuation (GSP) exam for entrance to English department, Texas A&M University (1999)

## PROFESSIONAL ASSOCIATIONS

- American Association of Marriage and Family Therapy (AAMFT), member (2022-present)
- American Counseling Association, member (ACA) (2020-present)
- American Academy of Experts in Traumatic Stress (AAETS), member (2025-present)
- American Trauma Support Specialists (ATSS), member (2022-present)
- Association of Counseling Sexology and Sexual Wellness (ACSSW) (2021-present)
- Association for Counselor Educators and Supervision (ACES), member (2021-present)
- Austin Marriage and Family Therapy (AMFT), member, presenter (2024-present)
- Chi Sigma Iota Honor Society (CSI), member (2022-present), President (2023-2024)
- International Society for the Study of Women's Sexual Health (ISSWSH), member (2022-present)
- Therapist Neurodiversity Collective™, member (2022-present)
- Rocky Mountain Family Therapy Network (RMFTN), member (2025-present)
- Texas Association of Marriage and Family Therapy (TAMFT), member (2022-present)
- Southern Association for Counselor Education and Supervision (SACES), member (2022-present)
- Texas Counseling Association (TCA), member (2019-2020)
- Sexual Health Alliance (SHA), student, alumni (2018-2022)

## CLINICAL TRAININGS

### EMDR Skills for Trauma Treatment

8.75-hour Training with Jennifer Sweeton, PsyD., MS, MA (2025, online)

### EMDR for Anxiety: Basic EMDR Skills and Anxiety Modifications

9.75-hour Training with Jennifer Sweeton, PsyD., MS, MA (2025, online)

**EMDR Skills: Practical Modifications for Children & Other Populations**

2.5-hour Training with Jennifer Sweeton, PsyD., MS, MA (2025, online)

**Advanced EMDR Skills for Complex Trauma**

6-hour Training with Jennifer Sweeton, PsyD., MS, MA (2025, online)

**Certificate in Advanced EMDR Therapy Skills**

28-hour Training with Jennifer Sweeton, PsyD., MS, MA (2025, online)

**Neuroscience for Clinicians: Brain Change for Stress, Anxiety, Trauma, Moods, and Substance Use**

6-hour Training with Charles A. Simpkins, Ph.D. through PESI (2024, online)

**Formal and Informal Assessment of Autism**

1.5-hour Training through the Texas Education Agency Continuing Professional Education (2024, online)

**Identifying Females with Autism**

1-hour Training through the Texas Education Agency Continuing Professional Education (2024, online)

**Trauma-informed Supervision**

3-hour Training by Dr. Reo Leslie, Jr., LMFT, LPC, LAC, MAC, RPT-S, ACS (2024, online)

**Trauma-informed Art Therapy**

3-hour Training by Dr. Evelyn Leslie, LMFT, LPC, RPT-S (2024, online)

**Monteiro Interview Guide for Diagnosing the Autism Spectrum (2<sup>nd</sup> ed.) MIGDAS-2 training**

Led by instrument developer, Dr. Marilyn Monteiro (2024, online)

**American Association of Marriage and Family Therapy (AAMFT) Fundamentals of Supervision**

30-hour Training by Dr. Reo Leslie, Jr., LMFT, LPC, LAC, MAC, RPT-S, ACS (2023, online).

**Art Smart**

1-hour Training with Sherry Todd, Ph.D., provided through CSI at University of the Cumberlands (2023, online).

**The Columbia- Suicide Severity Rating Scale training**

2-hour Training by Kelly Posner, Ph.D., Director, Columbia University College of Physicians and Surgeons (2023, online)

**Counseling on Access to Lethal Means**

2-hour Training by Zero Suicide Institute (2023, online)

**The Columbia-Suicide Severity Rating Scale Training**

2-hour Training through the Columbia Lighthouse Project (2023, online)

**Self-Protective Practice for Risk Management and Public Policy: Dealing with Hatters, Regulators and Legislators**

3-hour Training with Dr. Julie Jacobs, PsyD, JD and Dr. Reo Leslie, LPC, LAC, LMFT (2023, online)

**Problematic Sexual Behavior Certification Course**

100+ hour Training with David Ley, Ph.D., and Michael Vigorito through the Sexual Health Alliance (2022, online)

**Cognitive Processing Therapy**

9-hour Training through the Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences 2022, online)

**Sex Therapy and Sex Educator Certification Modules**

250+ hour Training through the Sexual Health Alliance (2018-2022, online)

**Integrative Mental Health**

20-hour Training through Allegra Learning Solutions (2022, online)

**Role of Stigma in Opioid Use Disorder**

1-hour Training through the University of Texas at Austin College of Pharmacy (2022, online)

**Violence Prevention and Awareness**

13-hour Training through Allegra Learning Solutions (2022, online)

**Music Therapy and Sound Healing**

8-hour Training through Allegra Learning Solutions (2022, online)

**The Complexity of Body Image in Eating Disorder Treatment: It's More Than Meets the Eye!**

2-hour Training through the Renfrew Center Foundation (2021, online)

**Tele-mental Health Documentation and Medical Necessity**

1-hour Training with Beth Rontal, LICSW, through PESI (2021, online)

**Healing Trauma Through the Body**

1.5-hour Training with Jacqueline Katz, LOPC, LCDC, RYT through the Dallas Lecture Series (2021, Dallas, TX)

**Developmental Recommendations and Implications for a Prolonged Grief Disorder in DSM-5-TR**

1.5-hour Training through the National Child Traumatic Stress Network (2021, online)

**Cognitive Behavioral Therapy**

2-hour Training through AllCEUs (Texas MFT Board approved, 2021, online)

**Introduction to Adverse Childhood Experiences (ACEs) and Early Trauma**

2-hour Training through the West Midlands Violence Prevention Alliance (2021, online)

**Creativity in Supervision**

1-hour Training through the University of the Cumberland (2021, online)

**WYLD Conference – Sexual Health Alliance**

16-hour Training, hours for American Association of Sexuality Educators, Counselors, and Therapists (2021, online, presenter as well)

**Sex, Anxiety, and Reproductive Health**

16-hour Training with Dr. Eli Sheff, Elain Sheff, and Melissa Novak, MCSW (2020, online)

**Seeking Safety Trauma Training**

1-hour Training with Debra Castillo, MS, LPC-S (2020, Dallas, TX)

**Ethics and Boundary Issues**

5-hour Training through APA-approved CE4Less (2020, online)

**Interpersonal Youth Violence**

1.5-hour Training through the Texas Department of State Health Services (2020, online)

**The 12 Core Concepts and the Complexity of the Traumatic Experience (2020, online)**

1-hour Training through the National Child Traumatic Stress Network (2020, online)

**Establishing a Framework for the Implementation of Evidence-based Programs**

1.5- hour Training through the National Child Traumatic Stress Network (2020, online)

**Co-Occurring Psychiatric and Substance Abuse Disorders (COPSD)**

3.75-hour Training by Tina Hosaka, LPC, LCDC and Natalie Maples, MA. DrPh© through UT Health San Antonio Department of Psychiatry and Behavioral Sciences (2020, online)

**Psychological First Aid**

6-hour training through the National Child Traumatic Stress Network (2020, online)

**Provider Strategies for Coping with Burnout and Secondary Traumatic Stress**

1-hour Training through the Veteran's Health Administration, Employee Education System (2020, online)

**Skills for Psychological Recovery (SPR) Online**

5-hour Training through the National Child Traumatic Stress Network (2020, online)

**Reporting Suspected Abuse or Neglect of a Child: A Guide for Professionals**

1-hour Training through the Texas Department of Family and Protective Services (2020, online)

**Reducing the Risk of Sexual Abuse**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Promoting Trauma-Informed Policies and Practices to Address Child Sex Trafficking**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Trauma Among Gay, Lesbian, Bisexual, and Transgender Youth**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Addressing Perpetration of Intimate Partner Violence in Families Affected by Substance Use**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**When 'No' is Not Enough: Information on Teen Sexual Assault**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Substance Use and Trauma: Policy Challenges and Solutions**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Diagnostic Statistical Manual-5: Trauma and Stress Related Disorders in Children and Adolescents**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Childhood Anxiety Disorders**

1.25-hour training through the Texas Department of State Health Services (2020, online)

**Childhood and Adolescent Depression**

1.75-hour training through the Texas Department of State Health Services (2020, online)

**ADHD: Diagnosis and Management**

1.5-hour training through the Texas Department of State Health Services (2020, online)

**CBT for Anxiety**

1.5-hour training with John Ludgate, Ph.D., through PESI (2020, online)

**Adolescent Substance Use**

1.5-hour training through the Texas Department of State Health Services (2020, online)

**Components of Family-Informed Trauma Treatment**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

**Counseling on Access to Lethal Means**

2-hour training through the Suicide Prevention Resource Center at EDC (2020, online)

**Culturally Effective Health Care**

1-hour training through the Texas Department of State Health Services (2020, online)

**Mindfulness, Healing, and Transformation: The Pain and the Promise of Befriending the Full Catastrophe**

1-hour training with Jon Kabat-Zin through PESI (2020, online)

**Instinctual Trauma Response (ITR)**

10-hour Accelerated Traumatology 101 Course with Dr. Linda Gantt (2020, online)

### **Family Resilience**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **Widening the Lens – Why Include the Family?**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **What About Parents? Trauma, Parents, Kids, and Parenting**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **Engaging Families at Risk for Physical Abuse: Strategies for Clinicians**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **Treatment After Disasters**

1-hour training through the National Child Traumatic Stress Network (2020, online)

### **Growing Up with Traumatic Grief**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **Telehealth for Mental Health professionals – 2-Day Distance Therapy Training**

2-Day training with Joni Gilbertson, MA, BNCC, LCPC, BC-TMH through PESI (2020, online)

### **ASK: About Suicide**

1-hour training through the Texas Suicide Prevention Council at NAMI Texas (2020, online)

### **Cognitive Processing Therapy**

9-hour Cognitive Processing Therapy Training by Medical University of South Carolina National Crime Victims Research and Treatment Center (2020, online)

### **Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**

2-hour Training at Nexus Recovery Center (2020, Dallas, TX)

### **Level 1 Humanistic Sandtray Therapy Training**

14-hour Training with Dr. Stephen Armstrong, Ph.D. and Dr. Ryan Foster, Ph.D. (2020, Dallas, TX)

### **Creative Counseling for Couples: Using the Integrative Model**

1-hour training through the American Counseling Association (2020, online)

**Developing Competence in Working with LGBTQIA+ Communities: Awareness, Knowledge, Skills and Action**

1-hour training through the American Counseling Association (2020, online)

**COVID-19 and Telebehavioral Health: Ethical Considerations During a Public Health Emergency**

1-hour training through the American Counseling Association (2020, online)

**The Efficacy of Interventions Aimed at Reducing Procrastination: A Meta-Analysis of Randomized Controlled Trials**

1-hour training through the American Counseling Association (2020, online)

**Establishing Personal and Professional Boundaries**

1-hour training through the American Counseling Association (2020, online)

**Constructive Approach to Help Counselor Work with Clients Who Express Discriminatory Views**

1-hour training through the American Counseling Association (2020, online)

**Private Practice Owner's Guide to Business Protocols and Human Resources Practices**

1-hour training through the American Counseling Association (2020, online)

**Ethical Issues Related to the Practice of Online Clinical Supervision**

1-hour training through the American Counseling Association (2020, online)

**Ten Ways to Intentionally Use Group Work to Transform Hate and Enhance Community Building**

1-hour training through the American Counseling Association (2020, online)

**Risk Management: Malpractice Cases Against Professional Counselors**

1-hour training through the American Counseling Association (2020, online)

**Screening, Brief Interview, and Referral to Treatment (SBIRT) for Substance Misuse**

1-hour training through the American Counseling Association (2020, online)

**Abuse, Neglect, and Exploitation**

0.5-hour training through the University of Texas at San Antonio, Department of Psychiatry and Behavioral Sciences (2020, online)

### **Secondary Traumatic Stress for Educators**

1.5-hour training through the National Child Traumatic Stress Network (2020, online)

### **Addressing Adverse Childhood Experiences through Trauma-Informed Care**

1.5-hour training through the Texas Department of State Health Services (2020, online)

### **Modern Sexual Issues and Treatment**

16-hour Training with Dr. David Ley (2019, Dallas, TX)

### **Science of Desire and Fantasy**

16-hour Training with Dr. Justin Lehmler (2019, Albuquerque, NM)

### **Texas Peer Recovery Support Specialist (PRS)**

46-hour Texas Health and Human Services Training (2018, Dallas, TX)

## **ADVOCACY EFFORTS**

***Shoes 4 the Soul***, University of the Cumberlands, discussion with Dr. Gary Patton, Ph.D., LPC, on advocacy and the counseling profession (September 1, 2023)

***Purple Ribbon Council***, Glendale AZ, fundraising to send children to bereavement camps due to losing one or both caregivers to homicide.

### ***Ultrarunning events of support***

- 24-hour 4-person relay treadmill run at the Jobing.com hockey arena (2012)
- 24-hour solo treadmill run at Mountainside Fitness (2011)
- 50-mile solo Javelina Jundred, Phoenix, AZ (2010, 2011, 2012)
- 50-mile solo - Lisa Smith-Batchen's support efforts to run 50 miles in 50 states
- 100-mile Keys Ultramarathon (2009) Key Largo to Key West, FL
- Brennon 50-miler (2008) Fort Lauderdale, FL
- I have completed 23 marathons

## **NOTABLE ADVANCED COURSEWORK**

**Neuroanatomy and Behavioral Medicine for Professional Counseling (CES 837), Dr. Gary Patton, Ph.D., LPC Summer 2022**

**Teaching Assistant Fall, 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024, Summer 2024; assisting with certification program as co-facilitator**

This course provides an overview of the anatomy of the brain as related to cognitive function, dysfunction, and dysregulation. Students will gain an understanding of mental health diagnosis

from an endogenous perspective. While professional counselors do not prescribe medications, and this course will not advocate for any prescriptive privileges for professional counselors, it remains the practice that counselors are often the first to notice and to detect indications of side effects, client concerns, and lack of adherence related to psychotropic medications. Etiology and treatment of anxiety disorders, mood disorders, thought disorders will be addressed. Also, the recognition of medical emergencies and chronic conditions related to medications will be addressed. Classes of psychotropic medications for each of these disorders will be addressed. \*

**Ethical and Legal Issues in Counseling and Supervision (CES 733), Dr. Gary Patton, Ph.D., LPC  
Summer 2022**

**Teaching Assistant Fall 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024; Summer 2024, Fall 2024**

This course examines the professional identity of mental health counselors, counselor educators and supervisors. Students will gain an understanding of professional functioning in a variety of settings. Legal, ethical, and best practice issues encountered by professional counselors will be examined. The ethical standards of the profession will be explored as outlined in the American Counseling Association (ACA) code of ethics. \*

**Etiology and Treatment of Trauma (CES 737), Dr. Sherry Todd, PhD, LPC, ATR-BC, CTTS  
Fall 2022**

This course provides an overview of trauma counseling, treatment, and interventions. It covers topics including neuroscience of trauma, trauma and related assessments, forensics, psychopharmacology, and treatment for various populations and trauma histories. Additionally, it will address significant research findings related to the Adverse Childhood Experiences Study (ACES) and comorbid diagnoses. \*

**Theory & Techniques of Clinical Supervision (CES 831), Dr. LaShauna Dean, Ph.D., LPC, ACS,  
NCC, MAC  
Fall 2021**

This course will examine clinical supervision theory and techniques currently used in counseling while introducing students to supervision as a specialty. Focusing on developmental issues of both supervisors and clinicians, this course will study methods that can be used to enhance counselor competency, and issues related to supervising utilizing multiple counseling models. \*

**Human Sexuality in Counseling (COUN 540), Dr. Tricia Mikolon, PhD, CRC, LPC, BC-TMH  
Fall 2022**

This course will provide information to counseling professionals whose work will bring them into contact with clients experiencing problems and concerns with their sexuality. It is designed to

develop 1) students' knowledge related to human sexuality, 2) an understanding of the varied sexuality issues which may be found in professional practice, 3) students' assessment and intervention skills with sexuality issues, and 4) increased awareness of personal perceptions, attitudes and affect related to sexuality issues. Course material will address identifying, assessing, and intervening with human sexuality related counseling issues. \*

**Play Therapy (COUN 538), Dr. Robyn Simmons, Ed.D., LPC-S, NCC, RPT-S**

**Fall 2022**

Introduction to Play Therapy provides the student with instruction in history, theories, and applications of play therapy consistent with APT requirements for educational instruction in these areas, and as such, will provide 20 Continuing Education (CE) hours towards the mandatory 150 required for RPT certification. \*

**Mindfulness-Based Cognitive Behavioral Therapy (CES 710), Dr. Adrienne Baggs, PhD, LPC**

**Summer 2022**

The course will focus on the theory and evidence-based practice of Mindfulness-Based Cognitive Behavioral Therapy (MBCBT) by engaging mental health clients in the process of change. The students will learn to help their clients explore and resolve their ambivalence by enhancing intrinsic motivation for change. MBCBT will be explored as a stand-alone intervention, as a method of increasing client adherence to other intervention approaches, or as a general counseling approach underlying all client interactions. Given the wide variety of applications, this class is appropriate for those who are interested in substance abuse and addiction practice or in adapting these methods and theory to guide counseling for other behaviors and populations. \*

\*from the University of the Cumberlands syllabus for each course.